

September is CANNED FISH MONTH



Help the New Hampshire Food Bank this September by bringing in cans of Tuna or Salmon. These products contain protein and iron; provide stable, year-round availability of calcium and omega-3 fatty acids. They are a great choice for feeding our hungry neighbors who should be enjoying fish regularly.

Date: _____

Time: _____

Location: _____



YOUR
LOGO
HERE

603-669-9725 - www.NHFoodBank.org