

Cooking Matters® at the Exeter Farmers' Market

Offered by Cooking Matters NH, a program of the NH Food Bank.

Join us for a FREE tour!

Where: Exeter Farmers' Market

When: Thursday, August 21st
3:00pm-4:30pm



Together we'll explore:

- Utilizing a farmers' market
- Purchasing fruits and vegetables on a budget
- Stretching SNAP dollars with Granite State Market Match
- Healthy eating, fun recipes, money-saving tips and more!

*All attendees receive**

- \$10 to spend at the market
- Info book

**must attend the full tour to receive incentives.*

Questions? Contact:
rachel.felder@nhfoodbank.org

Sign up here!
bit.ly/CMATFME

