

### December 2023

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.

# Upcoming Events and Fundraisers Benefiting the NH Food Bank

Lift Up Our Community Online Chairlift Auction - Celebrating Bretton Woods Ski Area's 50th Anniversary

November 24 - March 4
Visit: brettonwoods.com/auction

### The Peach Project's Holiday Stroll

December 8 and 9
Brentwood Recreational Center,
Brentwood NH

# WMUR's Spirit of Giving December 8, 9, 10

Learn more and donate at: nhfoodbank.org/spirit-of-giving

### **NHPR's December Fund Drive**

Kicks off on Giving Tuesday and goes through 12/31. NHPR donors can choose to give meals to the NH Food Bank in lieu of a thank-you gift Learn more: nhpr.org

For the most up-to-date information, visit: nhfoodbank.org

# FOOG for the state of the state



### NH Food Bank's Steel Chef Challenge Returns with Celebrity Chef Marcus Samuelsson as Host!

We're thrilled to announce that celebrity chef, Marcus Samuelsson, will host the NH Food Bank's 8th Annual Steel Chef Challenge, taking place on **April 8, 2024**, at the DoubleTree by Hilton Manchester Downtown in Manchester, NH! Among his numerous accomplishments, Chef Samuellsson is a James Beard award-winning chef, a longstanding judge on the hit Food Network show *Chopped*, head judge of *Top Chef Family Style*, and an Iron Chef on Netflix's rebooted *Iron Chef: Quest for an Iron Legend*!

The Food Bank will transform the Armory Ballroom at the DoubleTree by Hilton Manchester Downtown into a grand dining room, seating approximately 680 guests. Attendees will watch live as the competition between four of NH's best chefs heats up, and enjoy a fabulous dinner curated by Chef Samuelsson. The evening also includes both live and silent auctions - all to benefit the NH Food Bank and our friends and neighbors facing food insecurity here in NH.

# Tickets are on sale now: nhfoodbank.org/steelchef

Sponsorship opportunities are available. For more info, contact Nancy Mellitt at 603-669-9725 or nmellitt@nhfoodbank.org.

### General Admission tickets include:

- 6:00pm entry for Cocktail Hour
- Seated three-course dinner with menu curated by Chef Samuelsson
- Watch live as NH's best chefs compete for the title of Steel Chef Challenge Winner 2024!

# VIP Tickets include everything included with General Admission as well as:

- 5:00pm entry to the VIP Room (open 5-6:30pm) with the opportunity to meet and have your photo taken with Chef Marcus Samuelsson.
- Access to complimentary samples from past Steel Chef winners and competitors as well as passed hors d'oeuvres in the VIP Room.
- Complimentary beer, wine and signature cocktail in the VIP room.
- Autographed Marcus Samuelsson cookbook

SCAN HERE TO LEARN MORE



## **Rolled Oats & Peanut Butter** Cookie

A Cooking Matters Recipe

### Ingredients

- 1 ripe banana
- ½ stick (4 Tablespoons) unsalted
- 1/3 cup granulated sugar
- ½ cup peanut butter 1/3 cup light brown sugar, packed
- 1 large egg ½ teaspoon vanilla extract
- ½ cup all-purpose flour ½ cup whole wheat flour
- ½ teaspoon baking soda
- 2/3 cup rolled oats

### Optional Ingredients

½ cup raisins (or ½ cup chocolate chips)

### Instructions

- Preheat oven to 375°F.
- Mash the banana with a fork.
- Cut butter in half. In a microwave-safe bowl, heat in microwave 10-15 seconds to soften. Be careful not to melt butter.
- In a large bowl, use a mixing spoon to blend butter, banana. and sugar.
- Add peanut butter and brown sugar. Continue mixing until
- completely combined.
  Add egg and vanilla. Mix until
- Add flours and baking soda. Mix until smooth.
- Stir in rolled oats. If using chocolate chips or raisins, gently stir in
- Scoop dough with a teaspoon. Shape into 1-inch balls. Place dough balls 2 inches apart on an ungreased baking sheet. Flatten dough balls by using a fork to make a criss-cross pattern on the
- Bake on middle rack of oven until cookies are lightly browned on bottom, about 8-10 minutes.Remove from oven. Let sit 5 minutes to firm up. Remove from tray.

### Chef's Notes

- Cookies may take a little more or less time to brown depending on your oven.
- For a quick snack, crumble cookies on top of 1/2 cup low-fat plain yogurt.

# Belletetes, Inc's 125th Anniversary **Food Drive Challenge**

As part of Belletetes' 125th Anniversary celebration and commitment to support the communities they serve, they hosted a month-long food drive at eight of their NH locations benefitting the NH Food Bank! Their ninth location in Winchendon made donations to the Winchendon Community Action Committee.



In the spirit of Hunger Action Month, a convoy of Belletetes trucks rolled up to our Manchester warehouse this September to deliver their donation! Thanks to the generosity of their staff, clients, local businesses and more, they donated 43,484 pounds of food, the equivalent of approximately 36,237 meals!

What a way to take action and make a difference during Hunger Action Month! Thank you, Belletetes!

Looking to host a food drive benefiting the NH Food Bank? For ideas, info and more, visit: nhfoodbank.org/get-involved/food-drives/

# **Celebrating our Partner Agencies**

October was Agency Appreciation Month and the NH Food Bank's Agency Relations Team held their annual Agency Appreciation Luncheon for our partner agencies.

Representatives of many of our more than 400 statewide partner agencies like food pantries, soup kitchens,



homeless shelters, senior centers, after-school programs, veteran programs and more, gathered at NHTI in Concord for an afternoon of appreciation, inspiration, networking and education.

Attendees heard from keynote speaker, Sherri Stevens, Community Relations Manager at Hannaford; learned about important topics like Succession Planning; and heard from a panel of their peers about their recent challenges, solutions and successes as we all work to provide those experiencing hunger with the food and resources they need to flourish.

It was a great day celebrating the hard work of all our agencies and our partnership with them. Thank you to all of the generous donors who made the day possible.

# Give the Gift of Hope this Holiday Season

Approximately 7% of NH residents are food insecure, meaning they do not have consistent access to nutritious foods.

Please consider making a donation in the name of a friend or family member for the perfect gift!



For a minimum donation of \$25 per card, we will send a card to every person on your list — or, if you prefer, we will send the cards to you so that you may deliver them personally.

To order: Call Lisa at (603) 669-9725 ext. 1121 with your list, have a credit card ready, and leave the rest to us or visit nhfoodbank.org/holiday

Please place your order by Friday, December 15, 2023.

# The Peach Project's Holiday Stroll

The Peach Project is back this December with its fourth annual Holiday Stroll, benefiting the NH Food Bank.

Since its inception, this event has raised more than \$42,000 for our friends and neighbors experiencing hunger.

This year, join us on December 8 and 9 from 5 to 9pm at the Brentwood Recreation Center in Brentwood, NH for festive light displays, music, food trucks, a silent auction and raffle, a bonfire and more!

For more info, check out The Peach Project on Facebook at: facebook.com/georgia4309





Photo by The Peach Project

# wмur's Spirit of Giving



Join WMUR and the NH Food Bank December 8, 9 and 10 for the 2023 Spirit of Giving Food Drive! Your support helps us provide more nourishing foods for our friends and neighbors experiencing hunger.

Shoppers can make donations at Shaw's, Walmart or Hannaford locations statewide or you can also donate directly to the NH Food Bank!

For more info, visit: nhfoodbank.org/spirit-of-giving

# *New Hampshire Lif*e Spotlight



Kate and the New Hampshire Life crew, as well as John Fifield from Hannaford Supermarkets, stopped by the NH Food Bank before Thanksgiving to learn more about the Food Bank, what we do and to get a quick culinary lesson from Chef Paul in our Recipe for Success Culinary Job Training Kitchen.

Thank you to NH Life for stopping by and featuring us and to Hannaford for sponsoring "Friendsgiving."

You can find the episode here: newhampshirelife.com/episodes

Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:



Facebook



X (Twitter)



Instagram



LinkedIn



YouTube

# Your comments

Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt New Hampshire Food Bank 700 East Industrial Park Drive Manchester, NH 03109





# **Grants**

Thank you to the following organizations and individuals for their generous support through grants to the New Hampshire Food Bank:

Cogswell Benelovent Trust Thanksgiving Turkeys

Kennebunk Savings Bank Food Purchase for Seacoast Communities

Feeding America - Costco Food Purchase

NH Electric Co-op Foundation Two Mobile Food Pantries in Plymouth & Colebrook

Salem Community Benefit
Food Purchase in the Greater
Salem Area

Madelaine G. von Weber Trust Food Purchase

Nourishing Neighbors Shaw's and Star Market Foundation Nutrition Security: SNAP Outreach

Weyerhaeuser Giving Fund 2024 Summer Food Service Program in Coös County

Point32 Health Support for Physical Distribution Location in Northern NH

Scan here to sign up for the NH Food Bank's email list and stay up-to-date on the latest news, events and more!

