

**Hunger Action Month** | FEEDING AMERICA

**WHAT**

September is Hunger Action Month, when the Feeding America nationwide network of food banks unite to urge businesses and individuals to take action in their communities. Orange is the official color of hunger and Hunger Action Month.

**WHY**

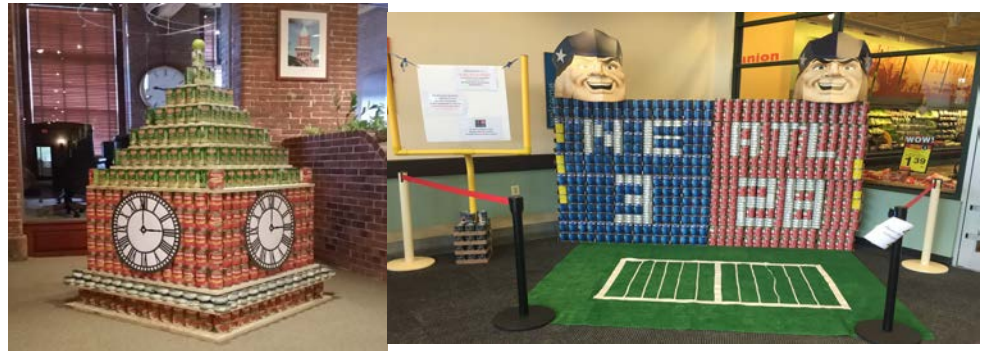
The goal of Hunger Action Month is to mobilize the public to act on behalf of the men, women and children who are food insecure in New Hampshire. It is our opportunity to create a movement throughout September that has a real and lasting impact on the New Hampshire Food Bank's mission to help end hunger in New Hampshire.

**HOW**

As individuals, charities, businesses and government, we all have a role to play in getting food and services to those in need. Everyone has the opportunity to get involved by advocating for the Food Bank; volunteering; experiencing what those in need go through; donating; and organizing food and fund drives.

Calling all engineers, architects and anyone with a passion for building to join us for our Canstruction Competition this September as part of Hunger Action Month!

Canstruction is a nationwide program that aims to raise awareness about hunger! Participating teams join teams across the country in building structures using canned or packaged food items to benefit local food banks. Once completed, the cans you used to build your structure are donated to the NH Food Bank for distribution to those in need here in NH.



A few friendly reminders:

- Teams are responsible for their own cans (please no damaged goods)
- Cans should be easily removable (no tape, please)
- Judging and awards ceremonies will take place on a case-by-case basis depending on organization preferences.

Please send a photo of your completed structure to Jilian Murphy at [jmurphy@nhfoodbank.org](mailto:jmurphy@nhfoodbank.org) by September 23, 2022.

Once we receive your photo, we will schedule a time that works best for you and your organization for judging the week of 9/26 (if needed)!

*Past judging categories have included: Structural Ingenuity, Best Use of Labels, Best Meal, People's Choice, Most Cans, Best Original Design, Juror's Choice, and Honorable Mention.*

*If you or your business is interested in the competition, please fill out the information below and send back to:*

**The New Hampshire Food Bank 700 East Industrial Park Drive, Manchester NH 03109**

*If you have any questions, please contact Jilian Murphy at [jmurphy@nhfoodbank.org](mailto:jmurphy@nhfoodbank.org) or call 603.669.9725 ext.1246*

**Name** ..... **Business Name** .....

**Address** ..... **City** .....

**State** ..... **Zip** ..... **Phone Number** .....