

Issue 3 - 2021

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.



Spirit of Giving

December 10, 11, 12
Keep an eye on WMUR, as well as the NH Food Bank's website and social channels for more information about WMUR's annual Spirit of Giving Food Drive!



NH Food Bank's 6th Annual Steel Chef Challenge Returns!

March 28, 2022
Doubletree by Hilton
Manchester Downtown

For the most up-to-date event information, visit: nhfoodbank.org or follow us on Facebook at **New Hampshire Food Bank**

Food *for* thought

Steel Chef is back!

We're thrilled to announce that our Steel Chef Challenge is back, along with host – Food Network celebrity chef, Michael Symon!

You won't want to miss Chef Symon hosting the 6th Annual Steel Chef Challenge on **March 28, 2022** at the Doubletree by Hilton Manchester Downtown!

The Armory Ballroom will be transformed into a grand dining room for guests to enjoy a night of fine dining and NH's ultimate live cooking showdown between four of NH's top chefs!

The best part? The evening benefits Granite Staters facing food insecurity in communities throughout our state.

- **VIP Meet & Greet** - 5:00pm
- **Cocktail Hour** - 6:00 pm
- **Competition Begins** - 6:30PM
- **Dinner Served** - 7:15pm
- **Steel Chef Winner Named** - 8:45pm



TICKETS ARE ON SALE NOW!

To purchase tickets, visit:
nhfoodbank.org/steelchef

SPONSORSHIP OPPORTUNITIES ARE AVAILABLE!

Contact Nancy Mellitt,
Director of Development at
603-669-9725 ext.1129 or
nmellitt@nhfoodbank.org.

Baked Apples

A Cooking Matters Recipe



Serves 6, 1 apple per serving

Ingredients

- 6 small apples
- 1 large lemon
- $\frac{3}{4}$ cup chopped walnuts
- $\frac{1}{2}$ cup raisins
- $\frac{1}{4}$ cup brown sugar
- $\frac{1}{2}$ teaspoon ground cinnamon

Instructions

- Preheat oven to 350°F.
- Rinse apples.
- Remove stems by cutting a 1-inch-wide hole out of the top of each apple. Cut into the hole to remove and scoop out core and seeds.
- Rinse lemon, cut in half. In a bowl, squeeze the juice from each half. Discard seeds.
- In a second bowl, mix walnuts, raisins, and brown sugar.
- Stuff the center of each apple with 1 heaping Tablespoon of the walnut mixture. Sprinkle a pinch of cinnamon over the top of each apple.
- Place stuffed apples upright in the baking dish. Pour the lemon juice around them. Bake for 35–40 minutes, or until the skin is wrinkly. Spoon some of the pan juice over the apples about halfway through cooking time to keep the apples moist.
- Remove from oven. Let cool slightly before serving.

NH Food Bank Goes Bold!

If you're in the area of East Industrial Park Drive, Manchester, you may notice something different about our warehouse! After seeing NH-native, Sam Weinberger aka Big Sam of Big Sam's Paints, on an episode of NH Chronicle, the Food Bank reached out to him to see if he could help brighten up our building.



Drawing from our mission to feed NH's hungry, Sam created a colorful work of art to help transform our façade!

We can't thank Sam enough for donating his time and creativity. A big thank you also goes out to Walden Mutual Bank for sponsoring this project!

Give the gift of hope this holiday season!

Approximately 1 in 9 men, women, and children in NH do not know when or where their next meal will come from. Please consider making a donation in the name of a friend or family member for the perfect gift.



For a minimum donation of \$25 per card, we will send a card to every person on your list, or if you prefer we will send the cards to you so that you may deliver them personally. This is a wonderful option for offices or companies looking to thank their employees or clients.

Simplify your gift giving this year. Call Carolyn by **Friday, December 17** at 603-669-0725 ext. 1121 with your list, have your credit card ready and leave the rest to us.

Return of the Mac!

Our annual Mac Off Competition returned to Hunger Action Month this year with teams joining us in a little friendly competition to see who could pack the most meals!

Teams from Associated Grocers of New England, Catholic Charities NH, CGI Business Solutions, Cirtronics, Hoyle, Tanner & Associates, Mayor Joyce Craig's office, Nobis Group, Stonyfield, and XMA Corporation packed about 7,600 bags of mac & cheese - equal to approximately 46,000 meals!

Thank you to everyone who participated!



Creativity for a Cause



The winning drawings!

Hunger Action Month Kid's Coloring Contest:

We held a fun coloring contest for kids to help get them involved and thinking about how we can fight hunger here in NH. We asked them: **What would you grow or raise on your farm to feed your hungry neighbors?** Check out this year's winners!

Canstruction Competition:

Take a look at the impressive entries we had in our Canstruction Competition this year!



Mt. Carmel Rehabilitation & Nursing Center



Haas Dental Associates



Elaine Isaak & Gabriel



The H.L. Turner Group

The Peach Project's Second Annual Holiday Stroll



Join The Peach Project for a decorated and festive stroll through the treelined fields and wooded pathways at the **Brentwood Recreation Center** on **December 10** and **December 11** from **5-9pm!**

There will be food trucks, live music, a bake sale, craft fair, silent auction, raffle, bonfire and MORE - all to benefit the NH Food Bank.

Admission is \$5 and 100% of the proceeds go to the NH Food Bank.

We can't thank Georgia Merrill and The Peach Project enough for their continued and generous support!



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Behind the Scenes

Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:



Facebook



Twitter



Instagram



LinkedIn



Youtube

Your comments

Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt
New Hampshire Food Bank
700 East Industrial Park Drive
Manchester, NH 03109



Grants

Thank you to the following organizations and individuals for their generous support through grants to the New Hampshire Food Bank:

Denny & Roz Houston:
Food Restricted, Hampton Area

Endowment for Health:
Medically Tailored Meals Pilot

**Feeding America -
BJ's Charitable Foundation:**
Children and Family Feeding and
Capacity Building

Dead River Company:
Truck Lease

**PepsiCo Foundation
Smiles in Action Award:**
General Operations

**Heritage Plumbing &
Heating, Inc:**
NH Tackles Hunger

Salem Community Benefit:
Food Purchase in Greater
Salem area

**The IRONMAN Foundation and
Rock This Town:**
Food Purchase for Laconia-Area
Agencies, COVID-19 Support Fund

RBC Wealth Management:
Mobile Food Pantry

Cogswell Benevolent Trust:
Thanksgiving Turkeys