

May 2021

Food Bank Closings

May 31– Memorial Day
 July 5– Independence Day

Quotable

"Some old-fashioned things like fresh air and sunshine are hard to beat."
 — Laura Ingalls Wilder



Cooking Matters Online Classes

The NH Food Bank's Cooking Matters Team is once again offering online monthly classes for you and your clients. These free sessions are educational and enjoyable. A flyer for upcoming session dates, and information on how to sign up to attend will be included with this emailed bulletin.

MealConnect

As mentioned in the April bulletin as well as emails sent out this past month, the Meal Connect website is now active for agencies that receive Fresh Rescue donations from local grocery stores. If you have not yet signed up for access to this online reporting system and would like to do so, please contact Jocelyn. It is a great system to use and many programs have already expressed being happy to use it instead of paper reporting.

Prepared Meals

Meal programs such as soup kitchens and group homes now have access to prepared meals when placing their online order. These frozen pans serve about 25 portions each and are made fresh by our Recipe For Success students and chefs. If you receive any of these meals, you must sign a Meals Agreement form and have had your kitchen inspected by your Agency Relations Coordinator.

A Note From Agency Relations

As noted in the March bulletin, Cindi Best is the new Administrative Assistant for the Warehouse. Please contact her if you need to change your appointment or order, or if you have questions about your invoices or balance. You can reach Cindi at cbest@nhfoodbank.org or at ext. 1110.

~Mysty, Christy, Jocelyn and Luke

It's Hard To Say Goodbye

After more than 5 years with the NH Food Bank, Mystyna Yackel Shappy is moving on to another organization. Mysty has been an integral part of the Agency Relations team and worked her way up the ladder within the team in various positions. Most recently she has been our team's manager and has worked so hard during this pandemic to keep us going and adapting operations to make sure our agencies and team have what is needed to be successful. For those of you that have worked with Mysty in any fashion over the past five years, you will know how passionate she is about ending hunger in NH and making sure that her agencies have adequate food resources, access to food, and opportunities to grow to their potential.



Mysty will surely be missed as both a coworker and a friend for all that know her. We wish her the best of luck in her newest endeavor and know she will be an asset to their team as she was to ours.

USDA/CFAP Boxes

Over the past year, the NH Food Bank has been receiving pre-packed fresh food boxes from USDA/CFAP as part of the Covid Relief Bill. As our nation moves in a direction where we are starting to make progress and "get back to normal", these boxes will no longer be made available after this month. The majority of the boxes that we have received have been distributed several times a week at Mobile Food Pantries around the state of NH with over 2.5 million pounds of food distributed from these boxes since Spring of 2020. These mobile distributions will continue for the foreseeable future, but starting in June the food that is given out will change. We do still plan to have produce, milk, and some shelf-stable items available at each site but the exact contents will vary each week.

For those agencies that have received some of these boxes from us for weekly distribution to your clients, please be aware that they will no longer be available starting June 1st.

Thermometers

We wanted to remind you that all agency refrigerators and freezers at your organization are required to have thermometers in use to ensure they remain at food safe temperatures. The proper temperature for a refrigerator is between 32-41° F, while the proper temperature for a freezer is at or below 0° F. At least once a week, all equipment temperatures should be checked and recorded on any type of log of your choosing. These logs will be checked at your annual inspections.

If your program is in need of thermometers (seen at the right), please contact Jocelyn and we will have some added to your next order.



Monthly Spotlight

During the month of March, the NH Food Bank along with the Cooking Matters team celebrated National Nutrition Month. As a part of National Nutrition Month, a fun contest was held all month long to encourage nutrition at your programs.

After reviewing all entries, the Lynx Pantry at NHTI Concord came out the winner and received a \$100 grocery gift card. The Lynx Pantry participated in online Cooking Matters courses, held a food drive for their pantry, used social media along with the student newsletter to encourage students and staff to submit recipes for a cookbook, and encouraged healthy eating habits in the choices their clients make. Congratulations to their whole team!

The Lynx Pantry provides nutritious shelf stable items and fresh food to dozens of students each week making accommodations for the needs of their clients during the pandemic.



LYNX PANTRY
NHTI
PANTRY RECIPES
We want to know what your cooking! Send us your favorite simple recipe!
<https://form.jotform.com/21074476752155>

March is national nutrition month, and the Lynx Pantry wants to raise awareness about food insecurity! Food insecurity is something that many people go through in their lifetime, regardless of race, gender, age. Approximately 38% of college campus students are food insecure. We would like to kick off our food insecurity awareness week by hearing your favorite simple recipes! Follow the link and submit your recipe so we can share it with the NHTI community.



LYNX PANTRY
Fighting Food Insecurity at NHTI since 2019
PANTRY RECIPES
It's national nutrition month, and we want to know what your cooking! Send us your favorite simple recipe!
<https://form.jotform.com/21074476752155>



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin'

May 2021

Current Resident or

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37



Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: jcheney@nhfoodbank.org

Upcoming Classes

Online "Zoom" session:

(This session is held every other month.)

Thursday, June 10th @9am

Thursday, August 12th @9am

WELCOME New Agencies

Faith Alive Youth Meals Program
Laconia

Pentacostal Church of God FP
Manchester

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: jcheney@nhfoodbank.org

Upcoming Classes

Online "Zoom" session:

Wednesday, May 12th @10am

Thursday, June 24th @10am