

## March 2021

### Food Bank Closings

April 2nd– Good Friday  
 May 31st– Memorial Day

### Quotable

"The value of our good is not measured by what it does, but by the amount of good it does to the one concerned."

~Milton Hershey



### Team Update

In the month of February, the NH Food Bank and Agency Relations team said goodbye to Emily Mazzoni as she moved on to another company. Emily was a part of our team for two years and I know that many of you got to know her well. She will be missed and we appreciate all of the time she spent working with us here at the NH Food Bank.

If your program is within the territory that was covered by Emily and you are in need of assistance, please contact Jocelyn or Mysty. If your program is due for a site inspection, we will be in contact with you once the position has been filled.

### QSR Winners

Congratulations to the 4th Quarter 2020 QSR winners! Each winning agency has received a \$25 credit on their account.

- \* North Country Senior Meals– Berlin
- \* Life Ministries– Wolfeboro
- \* Got Lunch– Gilford

To be eligible to win next quarter, be sure to submit your 1st Quarter 2020 QSR on time and use the current form.

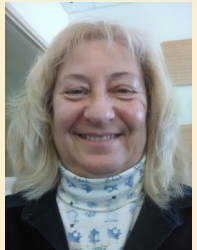
### A Note From Agency Relations

Please remember to contact Jocelyn if you have any changes to your program's account such as a new email address, phone number or if your location has changed.

~Mysty, Christy, Jocelyn and Luke

## New NHFB Administrative Assistant

The NH Food Bank is excited to welcome Cindy Best to our team as the new Warehouse Administrative Assistant. Cindy comes to us with experience in accounting and retail management. Most recently she worked for a local moving company.



Cindy enjoys being outdoors with horses and animals, and calls herself "an agricultural enthusiast". She enjoys camping all year long, decorative painting and is currently learning to play the guitar.

We are so happy to have Cindy join our team and know that her strengths and optimism will be a benefit to us all. She looks forward to working directly with agencies and supporting the Food Bank's mission.

You can contact Cindy in the Administrative Assistant office at 603-669-9725, ext. 1110 or at [cbest@nhfoodbank.org](mailto:cbest@nhfoodbank.org). Please contact her with any questions regarding invoices or payments, any changes to your appointment schedule, or questions regarding your order.

## National Nutrition Month

March is National Nutrition Month. You provide vital nourishment to your communities all year long, but during the month of March The New Hampshire Food Bank's Cooking Matters team will be challenging your program to take part in the "**Healthy Habits Challenge**" for partner agencies. Activities that encourage healthy choices (like handing out recipe cards and print outs or watching a Cooking Matters video) will earn points for your program. Agencies with the most points will win recognition for becoming a "NHFB National Nutrition Agency of the Month" and grocery gift cards! More info and materials will be sent to all agencies via email on March 3<sup>rd</sup>, but for now start thinking about how you want to celebrate National Nutrition Month.

Included with this emailed bulletin you will find a printout about the Healthy Habit Challenge. We encourage you to find ways to participate and make small differences for your clients.

For more information on National Nutrition Month you can visit <https://www.eatright.org/food/resources/national-nutrition-month>.

## NH Food Bank Volunteer Opportunities

Following all Covid safety requirements, the NH Food Bank is once again welcoming volunteers back in to our building. We offer the opportunity for volunteers from your agency to come to the Food Bank once a month to sort meat or help with food preparation in our commercial kitchen. In doing so, you can build credit for your agency. This credit will then be applied toward the agency's shopping account.

- Volunteer Opportunities: Fresh Rescue meat sorting & Kitchen food prep.
- The volunteer sessions are: Tuesday through Thursday - 8:30–11:30AM.
- Agency credit is calculated by the following formula:  
**# of volunteers X # of hours X 20 lbs. X \$0.18**
- In addition to gaining credit on your account, if your agency will commit to sending a group of 8 or more volunteers, for at least 3 hours, we will supply your agency an assortment of 4 cases of meat to take with you that day.
- If you are interested in having your group volunteer, please contact Ashley at [amoulton@nhfoodbank.org](mailto:amoulton@nhfoodbank.org) or at 669-9725, ext 1131.

## Monthly Spotlight



The Hungry Owl opened its doors in 2017 to help reduce food insecurity at Keene State College. This campus food pantry provides food items to students, faculty, and staff as needed. This year, The Hungry Owl moved to a new, permanent home and provides food and hygiene products at satellite locations at the campus. An online ordering system and a contactless food/hygiene product pickup system keeps both student volunteers and those in need safe during the pandemic. In addition, they now offer confidential food delivery for off-campus students in quarantine. They have several new projects in the works including supplying students with free fresh produce, and assisting students in applying for SNAP benefits. The Hungry Owl team knows that their work is making a difference. A third-year Public Health student stated, "The Hungry Owl was a reliable resource on campus that supported me and allowed me to make it through the semester knowing I only had limited funds to pay my rent and get other necessities."

Currently the NH Food Bank partners with and supports nine college food pantries around the state of NH to ensure that staff and students have food and supplies available to help meet their needs.



A Program of Catholic Charities NH  
700 EAST INDUSTRIAL PARK DRIVE  
MANCHESTER, NH 03109

## What's Cookin' March 2021

Current Resident or

NONPROFIT ORG  
US POSTAGE  
PAID  
MANCHESTER, NH  
PERMIT NO. 37



### Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to: [jcheney@nhfoodbank.org](mailto:jcheney@nhfoodbank.org)

### Upcoming Classes

Online "Zoom" session:  
(This session is held every other month.)  
Thursday, April 8th @9am  
Thursday, June 10th @9am

### WELCOME New Agencies

### New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to: [jcheney@nhfoodbank.org](mailto:jcheney@nhfoodbank.org)

### Upcoming Classes

Online "Zoom" session:  
Wednesday, March 10th @10am  
Tuesday, April 13th @10am