

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.

Upcoming Events

Due to COVID-19, many fundraising events to help support the NH Food Bank have been postponed or cancelled. Follow us on Facebook, Twitter and Instagram for daily updates.

Tenatively scheduled events:

Morning Buzz Open to benefit Lend a Helping Can - 6/8/20 at Nippo Lake Golf Club Barrington, NH

11th WBS-HUB Harvest Golf Classic - 9/14/2020 at Manchester Country Club Bedford, NH

4th Annual Fulcrum Charity Golf Tournament - 9/22/2020 at Wentworth by the Sea Country Club

Chefs On The Rise - 9/28/2020 location TBD

8th Annual Distiller's Showcase of Premium Spirits Presented by NH Liquor & Wine Outlets - 11/5/2020 at DoubleTree by Hilton Manchester Downtown

Food *for* thought

COVID-19 Crisis: Food Insecurity on the Rise.

What Additional Steps are the NH Food Bank taking?

In response to the statewide impact of the Coronavirus (COVID-19), the NH Food Bank is taking necessary steps to meet the rise in food insecurity across the state. Our efforts have been focused on increasing our food purchasing, doubling meal production, establishing modified drive thru mobile food pantries and working with our agencies across the state to learn where the need is greatest so that we may provide additional needed resources. We have also received great support of our operations from the NH National Guard. We continue to closely monitor the situation and are taking important measures of caution when it comes to safety and sanitation.

I Need Food Where Do I Go?

1. Please visit www.nhfoodbank.org
2. Once on our homepage, choose "Need Food?" from the menu and select "agency list".
3. Search the list by entering your town/county to find a food pantry or other emergency feeding programs in your area. The NH Food Bank provides food to over 425 partner agencies throughout the state.

Am I Qualified for SNAP? How Do I Apply?

The NH Food Bank has a SNAP Coordinator on site ready to help you navigate the application process. The program looks at your income AND expenses, with deductions given for child care, rent/mortgage, medical expenses, utilities, and various other expenses. Some guidelines have been relaxed due to COVID-19. Call our SNAP Coordinator to get started on your application today! 603-669-9725 Ext. 1147

How Can I Best Support the NH Food Bank's Efforts?

Monetary donations are the most effective way for you to help us to support those in need. If you have already made a donation, we thank you for your support. For every \$1 donated, we can provide approximately two meals. If you are not able to make a donation but would still like to support our mission, please consider advocating on our behalf. You can do so by liking our social media pages and posts and sharing them within your own networks.

Raspberry Lime Fizz



A refreshing Cooking Matters Recipe perfect for the Spring and Summer seasons and a healthier alternative to soda!

Serving Size:

Serves 5, 1 cup per serving

Ingredients

- 1 cup cranberry-raspberry juice
- 4 cups seltzer water
- 1 large lime

Instructions

1. In a large pitcher, mix cranberry-raspberry juice with seltzer water.
2. Rinse lime and cut in half. Squeeze juice from each half into the pitcher, discarding seeds.
3. Mix well before serving.

Learn more about our Cooking Matters NH program and how our team is empowering youth and families with the skills and knowledge to live a more nutritious life.
www.nhfoodbank.org/programs/recipe-for-success/cooking-matters/

A Look Back: Steel Chef Challenge

On Monday, March 9, 2020 the NH Food Bank held it's annual fundraising event "Steel Chef Challenge" hosted this year by Chef Michael Symon of the Food Network.

The evening featured a cooking competition in front of a live audience between four local professional chefs from NH: Dan St. Jean, Executive Chef of The Common Man, Matthew Berry, Chef De Cuisine of Greenleaf Milford, Jon Talbot, Executive Chef of Brookstone Events & Golf and Brendan Vesey, Chef Owner of Botanica Restaurant and Gin Bar. At the end of the night it was Brendan Vesey of Botanica who was crowned New Hampshire's Steel Chef winner!

This event would not have been made possible without the support of our previous competitors, volunteers, guests and our sponsors.

2020 Steel Chef Challenge Sponsors:



NH Gives: June 9 - June 10, 2020

NH Gives – a statewide 24-hour online fundraising event designed to build community and support the efforts of local nonprofits.

This NH Gives we are asking you to consider supporting our efforts to provide more modified drive thru mobile food pantries throughout the state.

Since the start of the COVID-19, 144,000 individuals in NH have been left unemployed. As a result, many of these individuals and families are facing unprecedented financial burdens and are now experiencing food insecurity. With food donations from stores down, we have had to significantly increase our purchasing by about 128%. Our overall distribution has increased by over 50%. We are putting our best effort forward to meet the high need by holding modified drive thru mobile food pantries. To date we have traveled to Berlin, Colebrook, Concord, Loudon, Gorham and Plymouth providing quality food items to over 5,000 people in need.

We hope to expand our reach to more areas of need but we need your help. On average a mobile food pantry cost approximately \$5,000. Our goal this NH Gives is to raise at least \$20,000. Please consider joining us. To learn how you can help visit:
www.nhfoodbank.org/nhgives/



Acts of Kindness



5 year old Oliver paints rocks for neighbors to spread cheer and help raise money for the NH Food Bank!



Women's Club of Concord makes masks and donates them to help protect NH Food Bank Staff and our partner agencies.



Since early April, the NH National Guard has played a vital role in our mission by supporting all aspects of NH Food Bank programs and staff.

Thank you for your continued support through donations, kind messages, advocating and more. We are truly grateful for our community!

Project Community: NH Together at Home

On Friday April 17, 2020 WMUR-TV partnered up with iHeartRadio for a fundraiser to help support the NH Food Bank's response to COVID-19. That evening aired a special hosted by WMUR's Erin Fehlau and Sean McDonald with iHeartRadio's Greg Kretschmar featuring NH celebrities like Adam Sandler and Seth Meyers to musicians, athletes and more. Since then, New Hampshire has come together to support one another and the NH Food Bank in incredible ways.

Special performances and appearances were also made by:

Adam Ezra Group, Jordan Tirrell-Wysocki, Mikaela Shiffrin and Matt Bonner, Matty Cardarople, Fritz Wetherbee, Alex Preston, Juston McKinney and Jimmy Dunn, Ryan Vezina & Recycled Percussion, Ken Burns, Evelyn Cormier, Tom Bergeron, Greg and the Morning Buzz' crew, Gary Hoey, Victoria Arlen, Ryan Day, Ryan Griffin, Celtic violinist Máiréad Nesbitt, Mike O'Malley, WWE's Triple H, and Sully Erna.





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Behind the Scenes

Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:



Facebook



Twitter



Instagram



LinkedIn



Youtube

Your comments

Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt
New Hampshire Food Bank
700 East Industrial Park Drive
Manchester, NH 03109



Grants

Thank you to the following organizations for their generous support through grants to the New Hampshire Food Bank:

Alexander Eastman Foundation:

Food purchase for Greater Derry area

The Kendal C. and Anna Ham

Charitable Foundation:

Food purchase for Mt. Washington Valley & Conway summer feeding program for youth

Mascoma Bank Foundation:

Youth summer feeding in Lancaster and surrounding area

Lincoln Financial Foundation:

Dairy purchase & COVID-19 response

Bank of America:

Hunger Action Month Mac Off event & COVID-19 response

Share Our Strength:

Cooking Matters

Share Our Strength - Taste of the Nation:

Cooking Matters

State Farm Good Neighbor:

Recipe for Success Culinary Job Training Program

Doe Family Foundation:

Truck lease, mobile food pantry, Recipe for Success Culinary Job Training program

Feeding America - MilkPEP:

Great American Milk Drive

Feeding America:

Unrestricted COVID 19 network support

Feeding America - Jeff Bezos:

Unrestricted COVID-19 Support

Cogswell Benevolent Trust:

Food purchase

Feeding America - Walmart Fight Hunger Spark Change Campaign:

Hunger Awareness