

Behind the Scenes

Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:



Facebook



Twitter



Instagram



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Your comments

Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt
New Hampshire Food Bank
700 East Industrial Park Drive
Manchester, NH 03109

Grants

Thank you to the following organizations for their generous support through grants to the New Hampshire Food Bank:

Merrimack County Savings Bank Foundation:

Food purchase for Concord distribution

Rogers Family Foundation:

Thanksgiving turkeys for Southern NH Merrimack River Valley area

Harvard Pilgrim

Healthcare Foundation:

NHFB Fresh Food Pantry, Coos County Produce

State Farm Good Neighbor:

Recipe for Success Culinary Job Training Program

Feeding America- Albertsons Companies Foundation "Hunger Is": Program support for child hunger breakfast efforts

Weyerhaeuser Foundation:

Youth summer feeding for Coos County

Ronald McDonald House Charities of Maine:

Youth summer feeding Coos/Carroll Counties

The Mcininch Foundation:

Industrial scales for agencies

Charter Charitable Foundation:

Youth summer feeding Coos/Carroll Counties

Alexander Eastman Foundation:

Food purchase and distribution in the Greater Derry region

Speedway Children's Charities:

Childrens summer food boxes for Belknap County

Share Our Strength- Taste of the Nation:

Summer meals, SNAP, Cooking Matters

Walmart Store #1907:

Unrestricted

Walmart Store #1698:

Unrestricted

Walmart Store #1796 :

Unrestricted

Walmart Store #2398:

Unrestricted

Walmart Store #3535:

Unrestricted

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.

SAVE THE DATE!

NH Food Bank 4th Annual Steel Chef Challenge - 3/11/19

Armory Ballroom DoubleTree by Hilton Manchester Downtown Hotel, Manchester, NH

Citizen's Bank Shamrock Half Marthon & Relay - 3/30

Veteran's Park, Manchester, NH

Nothing Campaign Kickoff - Mid April

Location TBD

Bowls for Moms - 5/4

24 Fox Run Road, Newington, NH

Renaissance Faire- 5/11, 5/12, 5/18, 5/19

Brookvale Pines Farm, Fremont, NH

British Car "Show of Dreams" - 7/27

Alvirne Hills House Field, Hudson, NH

10th Annual WBS Harvest Golf Classic - 9/16

Manchester Country Club, Bedford, NH

CGI & Total Image Running "Hunger is the Pitts" - 9/19

167 Rockingham Rd, Auburn, NH

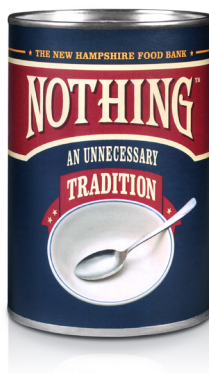
Food *for* thought

"What's for dinner tonight?" ...Nothing

Nothing for dinner is the harsh reality for 1 in 9 men, women, and children here in New Hampshire. The faces of hunger are all around us. It can affect anyone at any time. It could be the face of your neighbor, your coworker, your child's classmate, grandmothers, grandfathers, or maybe at one point even you. So we're taking action to do something about nothing...and you can too!

New Hampshire Food Bank's 2019 "Nothing Campaign" generously supported by Citizens Bank will kick off in mid April this year. Each Nothing Can purchased will provide approximately 10 meals. Any can that is generously filled with donations and returned back to the New Hampshire Food Bank, can help provide approximately 60 meals to those in need.

For the 6th year Citizens Bank is generously supporting the Nothing Campaign. You can purchase your Nothing Can for \$5 at any Market Basket, Shaws, Hannaford NH locations, Harvest Market in Bedford & Hollis, Sully's Superette in Allentown & Goffstown, and Vista Foods Laconia. To make a donation to this campaign please visit: www.nhfoodbank.org/nothing



Generously supported by

Citizens Bank®

Chicken Soup

A Cooking Matters Recipe



Serving Size
Serves 8, 1 ½ cups per serving

Ingredients

- 1 medium onion
- 1 (4-5 pound) whole chicken
- 14 cups water
- 1 celery stalk
- 2 cups leafy greens, such as kale, spinach or chard
- 2 medium carrots
- ½ teaspoon salt
- teaspoon ground black pepper
- 1 cup whole wheat pasta

Instructions

In Advance

1. Peel and rinse onion. Cut into quarters.
2. In a large pot, cover onion and chicken with water. Bring to a boil. Reduce heat and simmer for 40 minutes.
3. Lift chicken from pot and set aside to cool. In a colander, strain broth. Refrigerate broth until ready to make soup. Discard onions, as they will be too overcooked to eat.
4. When chicken is cool, pull meat from the bones. Shred or chop it, discarding any skin or bone. Refrigerate until ready to add to soup.

Preparation

1. Rinse celery and leafy greens. Remove any tough stems from greens. Tear leaves into bite-sized pieces.
2. Rinse and peel carrots. Dice carrots and celery.
3. In a large pot, add carrots, celery, greens, salt, pepper, and strained broth. Bring to a boil over high heat. Reduce heat and simmer for 15-20 minutes.
4. Add pasta. Keep simmering until pasta is tender, about 8 minutes.
5. Add cooked chicken. Simmer 1-2 minutes more.

For more recipes, visit:
cookingmatters.org

4th Annual Steel Chef Challenge

Monday, March 11, 2019 Food Network celebrity chef, Alex Guarnaschelli and 4 top New Hampshire Chefs will take the stage in the New Hampshire Food Bank's 4th Annual Steel Chef Challenge. Audience members will enjoy fine dining in the Armory Ballroom of the DoubleTree by Hilton while watching these chefs go head to head in New Hampshire's ultimate cooking competition. Proceeds from the night benefit the 1 in 9 men, women, and children in New Hampshire who are food insecure; meaning they do not know where their next meal is coming from.

...Special Thanks to our Sponsors!



2018 Spirit of Giving Wrap Up

More than 1.2 million meals were made possible through donations of food and money during the 2018 WMUR Spirit of Giving Food Drive. Over the course of three days thousands of pounds of food were donated by shoppers at Hannaford, Shaw's and select Walmart and Common Man locations throughout the Granite State.

The food drive alone raised over 93,000 pounds, converting to approximately 78,000 meals.

Many thanks to an extremely generous anonymous \$100,000,000 match and a \$25,000 match from the Lois Roy Dickerman Fund of the New Hampshire

Charitable Foundation.



The Seacoast Woodturner's Bowls for Mom: May 4th

Looking for a unique gift for Mother's Day?

Saturday, May 4, the Seacoast Woodturners will hold their Bowls for Moms event at Woodcrafters, Inc., located at 25 Fox Run Road in Newington from 10am to 5pm.

They will be selling and turning bowls as well as other fine crafts. These beautiful hand-turned bowls are made from solid walnut, birch and other hardwoods, and are priced affordably starting at \$10.

All proceeds benefit the New Hampshire Food Bank.



Don't Forget!

This year, you can also show Mom and Dad how much you care by making a tribute donation in their honor for Mother's and Father's Day.

For a \$25 donation, we will send a personalized Mother's or Father's Day card the week before each holiday. If you prefer, we can send the card directly to you, to personalize and send to the moms and dads in your life.

For more information Contact:

Landis Donaghy at

603.669.9725, extension 244 or

ldonaghy@nhfoodbank.org

Shamrock Half Marathon

Presented by Millenium Running & Citizens Bank

Come out and run the Citizens Bank Shamrock Half-Marathon & Relay and support the NH Food Bank! All finishers will receive a finishers medal and the first 1,500 to register will receive a free hoodie t-shirt.

Looking to add some bling to your collection? Get your Irish on and tackle the Golden Shamrock Challenge! Complete the Citizens Bank Shamrock Half-Marathon & Relay (as an individual or on a relay team) and the Citizens Bank Shamrock Shuffle and you'll earn the coveted "Golden Shamrock" medal.



Registration and Information available at:
<http://www.millenniumrunning.com/shamrockhalf>