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Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:





Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt New Hampshire Food Bank 700 East Industrial Park Drive Manchester, NH 03109

CATHOLIC CHARITIES New HAMPSHIRE AMERICA

# Grants

Thank you to the following organizations for their generous support through grants to the New Hampshire Food Bank:

**C & S Foundation:** Weekend hunger relief for children in the Keene area

**Big Lots Foundation:** *Supporting child hunger relief through Nashua agencies* 

**NH Electric Cooperative Foundation:** *Mobile food pantry in Colebrook & agency accounts* 

Feeding America - Red Nose Day Child hunger

**TD Charitable Foundation** *NH hunger relief program project* 

Salem Community Benefit: Food purchase for the Greater Salem area

**Feeding America - Ford Motor Company:** *General operations* 

Walmart Store #1930 Unrestricted



#### Issue 3 - 2019

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.

## **Holiday Cards**

Make a donation on behalf of someone you love this holiday season and we'll send them a holiday card! See inside for more details.

# **Upcoming Events**

### WMUR's Spirit of Giving

December 13, 14 and 15. Visit nhfoodbank.org/spirit for more information!

Tune in to WMUR on December 6th at 7pm for a special half hour show highlighting the Spirit of Giving Toys for Tots and NH Food Bank food drive!

### **Steel Chef Challenge**

March 9, 2020 DoubleTree by Hilton Manchester Downtown Hotel



# Steel Chef to hit the stage March 9, 2020 with Food Network's Michael Symon as host!

The New Hampshire Food Bank's 5th Annual Steel Chef Challenge will feature Food Network celebrity chef, Michael Symon, hosting a local chef competition. The Food Bank will transform the Armory Ballroom at the DoubleTree by Hilton Manchester Downtown into a grand dining room, seating approximately 682 guests. Attendees will watch live as the competition between 4 NH chefs heats up, and enjoy a fabulous dinner created by Chef Symon and his staff.

The VIP portion of the event will take place before the competition, where VIPs can meet and greet the celebrity chef and get photographed. This will be an exciting evening to support a worthy cause!

Grab your tickets fast! They make a great holiday gift for a loved one too!

To purchase tickets please visit: steelchef20.givesmart.com!

- VIP Meet-and-Greet 5:00 p.m.
- Cocktail Hour 6:00 p.m.
- Competition Begins 6:30 p.m.
- Dinner Served 7:15 p.m.
- Steel Chef Winner Named 8:45 p.m.



More information inside!



# **Baked Apples**

A Cooking Matters Recipe

Serving Size Serves 6, 1 apple per serving

#### Ingredients

6 small apples 1 large lemon ¾ cup chopped walnuts ½ cup raisins ¼ cup brown sugar ½ teaspoon ground cinnamon

#### Instructions

- 1. Preheat oven to 350°F.
- 2. Rinse apples.
- 3. Remove stems by cutting a 1-inch-wide hole out of the top of each apple. Cut into the hole to remove and scoop out the core and seeds.
- 4. Rinse lemon and cut in half. In a small bowl, squeeze the juice from each half. Discard seeds
- 5. In a second small bowl, mix walnuts, raisins, and brown sugar.
- 6. Stuff the center of each apple with 1 heaping Tablespoon of the walnut mixture. Sprinkle a pinch of cinnamon over the top of each apple.
- 7. Place stuffed apples upright in the baking dish. Pour the lemon juice around them. Bake for 35–40 minutes, or until the skin is wrinkly. Spoon some of the pan juice over the apples about halfway through cooking time to keep the apples moist
- 8. Remove from oven. Let cool slightly before serving.

For more recipes, visit: cookingmatters.org

## Annual golf tournament celebrates 10 years raising \$669,655 for NH Food Bank

The Workplace Benefit Solutions (WBS)-HUB Harvest Golf Classic recently raised more than \$112,900 in support of the New Hampshire Food Bank, a program of Catholic Charities New Hampshire. Over the past 10 years, the annual golf tournament has raised more than \$669,655 to support the one in nine New Hampshire residents and 12 percent of children, who are food insecure, meaning they do not know where their next meal will come from.

"The critical funding raised over the past 10 years is remarkable and would not be possible without the continued support of WBS-HUB and all of the participants and sponsors who have generously taken part in this event," said Eileen Liponis, Executive Director of the New Hampshire Food Bank. "As the only food bank in the state, which receives no state or federal funding for food distribution, this is a milestone for which we are truly grateful."

The WBS-HUB Harvest Golf Classic took place during Feeding America's Hunger Action Month, an awareness campaign during the month of September, urging residents and businesses to take action in the fight against hunger. The tournament, which sold out again this year with a field of 132 golfers participating, took place Monday, September 16, at Manchester Country Club. The top prize for a foursome was an \$800 pro shop credit to the Manchester Country Club.

"We feel fortunate to be able to continue to support the great work of the New Hampshire Food Bank," said David Larrivee, Principal and Founder of WBS. "We're

grateful to our insurance carrier sponsors and clients for their generosity, which makes this have such a meaningful impact on the community in which we live and work."



## Steel Chef Challenge (continued)

Become a part of the action! We're calling all professional chefs to apply to be one of our 4 competitors. Apply today by visiting nhwines.com/steel-chef-2020/

\*DEADLINE for entries is January 10th, 2020!\*

Not a chef but still want to get involved? Consider becoming a sponsor! We have a variety of different levels available. Contact Nancy Mellitt at nmellitt@nhfoodbank.org or by phone at 603-669-9725 ext. 1129.

Thank you to the following sponsors to date!

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## **Thank You Bruce!**

Bruce Wilson, Director of Operations retires after almost 10 years with the NH Food Bank following 23 years served in the United States Navy as a HMC (FMF).

During his time with the food bank Bruce played a critical role in the development of plans for our new location, superior rating on our AIB audit, recognition in Feeding America's "Advocacy Hall of Fame", and the overall improvement and excellence of our operations.

We'd like to thank him for his devoted leadership and commitment to our staff, organization and mission to feed

those in need throughout NH. Bruce has been a mentor not only within our own organization but to many others who are among Feeding America's network of food banks.

We wish him fair winds and following seas on his new journey.



Photo courtesy of the Union Leader



## Give the Gift of Hope!

Give the gift of compassion, support and hope. Approximately 1 in 9 men, women and children in NH are food insecure, meaning they do not know when or where their next meal will come from. Please consider making a donation in the name of a friend or family member for the perfect gift.

For a minimum donation of \$25 per card we will send one to every person on your list — or, if you prefer, we will send the cards to you so that you may deliver them personally.

Call **Landis Donaghy** at 603.669.9725 ext. 1244 with your list, have your credit card ready, and leave the rest to us!

## How to Help this Winter!

**Organize a food drive:** By hosting a food drive you can help the NH Food Bank continue to meet the needs of many people in our community. For more information, visit nhfoodbank. org/how-to-help/host-a-food-drive or call 603.669.9725 ext. 1121.

Make a monetary gift: For every dollar donated to the NH Food Bank, we can provide approximately two meals to those struggling with hunger here in NH. To donate, you can visit: nhfoodbank.org/donate; mail a check made payable to the NH Food Bank; or give us a call at 603.669.9725.

Volunteer: The efforts of our volunteers are vital to the NH Food Bank's mission of feeding the hungry in our state. For more information about our volunteer opportunities, visit nhfoodbank.org/how-to-help/volunteer or call 603-669-9725.