





In New Hampshire



MEN, WOMEN AND CHILDREN ARE **FOOD INSECURE**

We Provide To

1 in 6

SENIORS ARE FOOD INSECURE

MORE THAN 4()() PARTNER AGENCIES (FOOD PANTRIES, HOMELESS SHELTERS, SOUP KITCHENS, CHILDREN'S PROGRAMS, SENIOR CENTERS AND MORE) ACROSS NH.

CHILDREN ARE LIVING IN FOOD INSECURE ENVIRONMENTS

APPROXIMATELY

OF FOOD DISTRIBUTED BY PARTNER AGENCIES COMES FROM THE NH FOOD BANK.

Our Mission — — — —







The Mission of the New Hampshire Food Bank is to feed hungry people by soliciting and effectively distributing grocery products and perishable foods, and offering innovative programs through a statewide network of approved agencies; by advocating for systemic change; and by educating the public about the nature of, and solutions to, problems of hunger in New Hampshire.

2020 Goals

Obtain warehouse space in the North Country to better serve the needs of our northern neighbors

Establish NH Feeding NH as a program to provide fresh local food to our partner agencies through locally sourced food from NH Farms

Learn from participation in the accelerator for Medically Tailored Meals to pilot an MTM program in 2022

Continue to work toward formalizing a nutrition policy to align with Feeding America's 2025 nutritional goals

Reinvest in infrastructure of the NH Food Bank and our partner agencies to increase overall capacity

A look at 2019

Financial Snapshot

Fiscal Year Ended March 31, 2019

Support & Revenue

Total Net Unrestricted Assets	\$3,439,869
Change in Net Assets	\$ 469,391
Total Expenses	\$26,971,589
Fundraising	\$1,084,760
Management & General	\$214,835
Program	\$25,671,994
Expenses	
Total Support & Revenue	\$27,386,591
Grants, Contracts & Contributions	\$6,140,528
Program Fees	\$620,992
Food in-kind	\$20,625,071

Volunteering

15,872 Volunteer Hours in 2019 \$403,625 Volunteer Dollar Value

= Equivalent of 8 full time employees



75% Food Donations

2% Program Fees

23% Grants & Contributions



95% Programs

1% Management & General

4% Fundraising





14,277,526

Total pounds of food distributed to those in need in NH in 2019.

2,658,125 LBS OF PROTEIN DISTRIBUTED 3,476,198 LBS OF PRODUCE DISTRIBUTED

Cooking Matters®NH



434 signature course participants in 2019

Thanks to our partnership with UNH Cooperative Extension, classes are available in all 10 counties

276 Cooking Matters at the stores participants

Culinary Job Training Program

21 graduates in 2019

116,490 meals distributed

SNAP (Supplemental Nutrition Assistance Program)

36 applications

\$24,561 benefits

\$43,965 local economic impact



In a Time of Crisis... We Thank You!

While we reflect back on efforts made to combat hunger in 2019, we can't help but recognize all that has changed since then. In a blink of an eye, the Coronavirus pandemic swept the globe leaving so many unprepared and fearful of what was to come. Like so many, the NH Food Bank could not have predicted how greatly the Coronavirus would impact our work. By mid-April, volunteer opportunities were suspended, extra sanitization measures were put into place and our staff stood masked and ready to face these new challenges.

With so many Granite Staters left unemployed and schools closed, it was not long before we began to see a drastic increase in the demand for food. Unfortunately, grocery stores were also seeing a demand which resulted in a decrease in donations to the food bank. In order for us to continue to meet the need, that meant increasing our purchasing more than 300%. Despite the financial strain on our organization our mission remained and our determination followed.

Thankfully back-up arrived. We received a team of dedicated New Hampshire National Guard members who were ready to assist us in any way they could. We began doubling meal production in our culinary job training kitchen, establishing drive-thru mobile food pantries across the state and working with our partner agencies to learn what areas were seeing the greatest need.

Today, nearly 1 in 7 men, women and children are food insecure in New Hampshire based on Map the Meal Gap and projections from research conducted by Feeding America. That is approximately 71,000 additional people who do not know where their next meal is coming from and between 21-23% are children. Our distribution efforts have grown more than 400% during this time. We continue to reevaluate our strategies and resources to ensure we continue to meet the need.

Despite how difficult this time has been for so many, one positive outcome has been the unwavering amount of support from our community. Whether it has been through donations, virtual food drives, WMUR-TV's "Project Community: Together from Home" featuring NH natives like Adam Sandler and Seth Meyers or just thoughtful messages to our staff. The encouragement has given us motivation, gratitude and hope that there is a light at the end of this tunnel. Before we knew it, we were learning how to navigate uncharted waters and that is because of the generous support of so many. From all of us at the New Hampshire Food Bank, thank you from the bottom of our hearts.



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NH Food Bank

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NH Food Bank

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NH Food Bank

HOW WE WORK

The NH Food Bank supplies millions of pounds of food annually to more than 400 partner agencies, including food pantries, homeless shelters, soup kitchens, children's programs, senior centers and more. In turn, these agencies provide hunger relief to those suffering from food insecurity throughout the state.

For a complete list of partner agencies, please visit www.nhfoodbank.org







