

Report To Our Community **2018**

**FEEDING THE
PROGRAMS THAT
FEED THE HUNGRY.**



TOGETHER WE CAN SOLVE HUNGER.™

The Mission of the New Hampshire Food Bank is to feed hungry people by soliciting and effectively distributing grocery products and perishable foods, and offering innovative programs through a statewide network of approved agencies; by advocating for systemic change; and by educating the public about the nature of, and solutions to, problems of hunger in New Hampshire.

In New Hampshire...



Financial Snapshot

Fiscal Year Ended March 31, 2018

Support & Revenue

Food in-kind.....	\$21,026,000
Program Fees.....	\$507,000
Grants, Contracts & Contributions.....	\$5,526,000
Total Support & Revenue.....	\$27,059,000

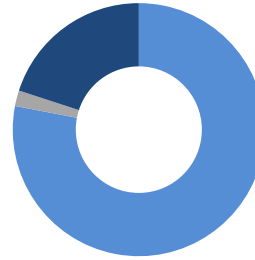
Expenses

Program.....	\$26,134,000
Management & General.....	\$201,000
Fundraising.....	\$581,000
Total Expenses.....	\$26,916,000
Total Net Unrestricted Assets.....	\$2,724,000

1 IN 9 PEOPLE ARE HUNGRY.

6% OF SENIORS ARE HUNGRY.

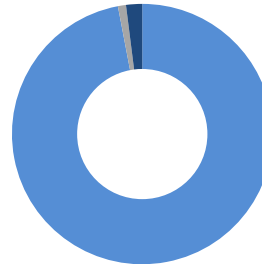
12 % OF CHILDREN ARE HUNGRY.



78% Food Donations

2 % Program Fees

20% Grants & Contributions



97% Programs

1% Management & General

2% Fundraising



We receive NO state or federal funding for food distribution.

RECIPE FOR SUCCESS

(CULINARY JOB TRAINING PROGRAM)

Meals Distributed: 123,722



Cooking Matters®NH

176 signature course participants in 2018.

Thanks to our partnership with UNH Cooperative Extension, classes are available in all 10 counties.

246 Cooking Matters at the stores participants

SNAP (Supplemental Nutrition Assistance Program)

Applications 79

Benefits \$55,786



2019 Goals

- Increase overall distribution of nutritious foods.
- Educate donor partners on value of limiting non-nutritious food donations and begin drafting and informing donors, partners and public about implementing a nutrition policy.
- Continue establishing preventive food pantries in partnership with NH hospitals and other healthcare settings.
- Conduct program review to adjust to changing economy.
- Continue exploration and expansion of in-school pantries.
- Continue to target and educate the senior population about SNAP benefits.
- Establish new lease arrangements for fleet.



11,923,938

Total Meals

14,133,110

Pounds of food distributed to those in need in NH in 2018.



MORE THAN
425

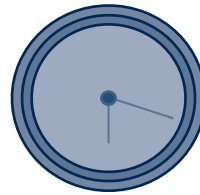
PARTNER AGENCIES (FOOD PANTRIES, HOMELESS SHELTERS, SOUP KITCHENS, CHILDREN'S PROGRAMS, SENIOR CENTERS AND MORE) ACROSS THE STATE.

APPROXIMATELY
50%

OF FOOD DISTRIBUTED BY PARTNER AGENCIES COMES FROM THE NH FOOD BANK.

3,613,221 POUNDS OF PRODUCE DISTRIBUTED

2,628,507 POUNDS OF PROTEIN DISTRIBUTED



19,732 Volunteer Hours in 2018

\$503,561 Volunteer Dollar Value

= Equivalent of 10 full time employees

JASON FINDS HIS RECIPE FOR SUCCESS

It was 2008, when in a blink of an eye, I found myself struggling to find employment. I had just come out of a long term relationship leaving behind a home, car, and beloved dogs when I learned that I would also be losing my job. At the time, I had been working as a Direct Care Counselor for a short-term teenage boy shelter. Ultimately the organization had decided to move the program out of the city.

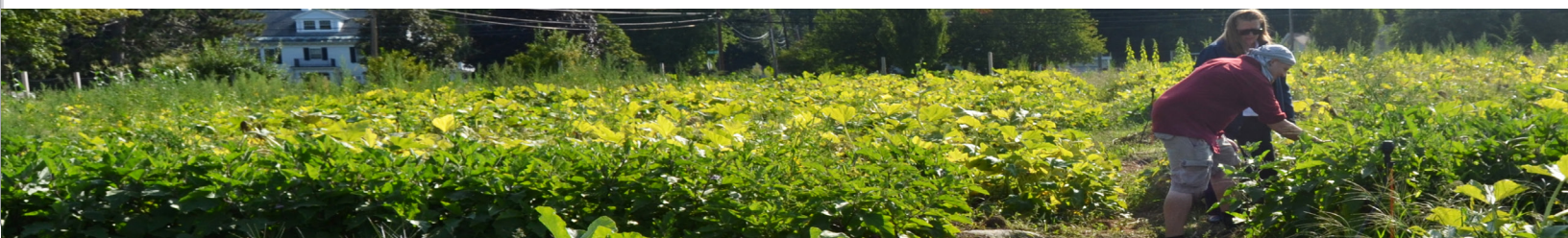
I didn't have many choices due to limited transportation. I thought about going back to school and looked into job training but was turned down. In the eyes of unemployment, I had already received enough education.

At this point my unemployment was close to running out and so was my faith in finding work. Then I came across an ad for the NH Food Bank's Culinary Job Training Program, and that's when my whole life began to change. I had finally been given another chance.

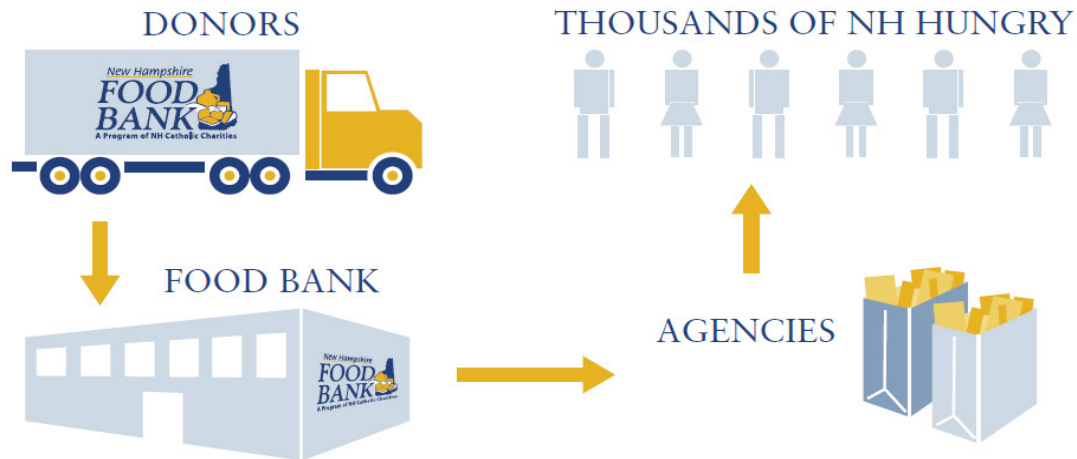
I was eager to start. I would visit the kitchen almost every week to get an update on when I could begin. Once the course began, I was learning new skills daily and receiving a unique hands on experience all while helping those in need. It was truly rewarding and opened the door to new opportunities for me.

"Jason was in our first ever Recipe for Success class. He was eager to work and stuck through all of the program's growing pains. Jason shared our passion to help the community, and when he heard there was a plan for a Garden in the future, he was determined to be its keeper. He continued to push himself to learn and work hard each year helping the NH Food Bank to produce more and more fresh food. His remarkable efforts to maintain our garden and provide great volunteer opportunities have helped feed many hungry people" –Jayson McCarter, Recipe for Success Chef Instructor

Today, I can proudly say I am back on my feet, happily married and the full time Garden Coordinator for the NH Food Bank. The garden is in its 11th season, now a full acre and helps serve over 425 NH Food Bank partner agencies and programs. Just last year, we yielded a record 15,000lbs of fresh produce for those in need thanks to the help of over 2,000 volunteers. I am truly grateful for where I am today and it would not be possible without the chance I received from the NH Food Bank Culinary Job Training Program.



HOW WE WORK...



The NH Food Bank supplies millions of pounds of food annually to more than 425 partner agencies, including food pantries, homeless shelters, soup kitchens, children's programs, senior centers and more. In turn, these agencies provide hunger relief to those suffering from food insecurity throughout the state.

For a complete list of partner agencies, please visit www.nhfoodbank.org

NEW HAMPSHIRE FOOD BANK ADVISORY COMMITTEE

John Dumais

NH Grocers Association, Chair

Carl Provencher

Hannaford

Thomas Blonski

Catholic Charities NH

Lisa Drake

Stonyfield

Rev. Thomas Steinmetz

*Our Lady of the Cedars
Melkite Church, Trustee*

Dominique Rust

Catholic Charities NH

Robert Gossett,

Gossett Consulting LLC, Trustee

Abby Tucker

Wadleigh, Starr and Peters

Eileen Liponis

NH Food Bank

Christine Grenier

Citizens Bank

Joanne Ward

*NH House of Representatives
Rockingham County District 19*

Nancy Mellitt

NH Food Bank

Pauline Ikawa

TD Bank

Michael Wirtanen

Team Seacoast Mazda

Robert Omberg

Comcast

Michael McLean

McLane Middleton

Bruce Wilson

NH Food Bank

