

# Report To Our Community 2016

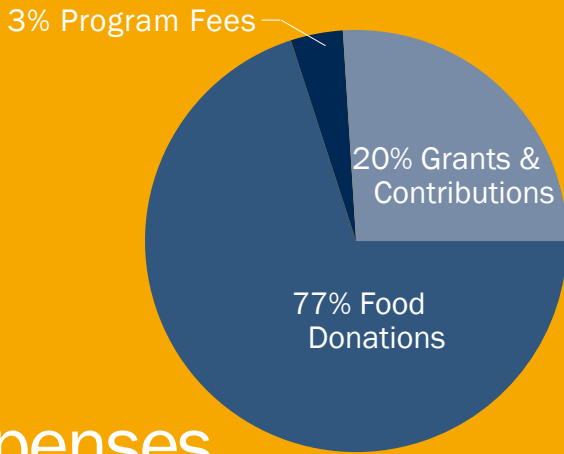


## *Feeding the programs that feed the hungry.*

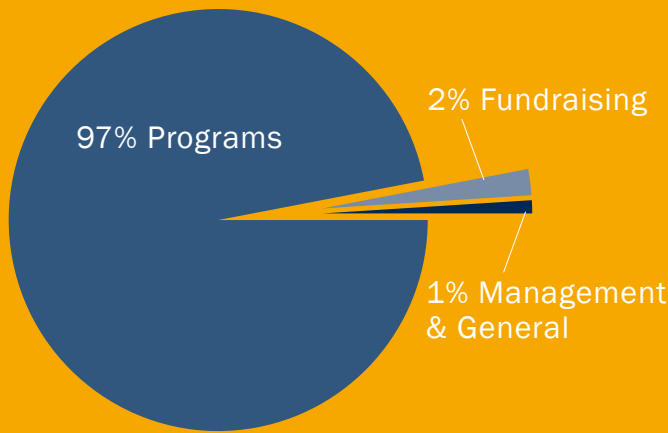
The Mission of the New Hampshire Food Bank is to feed hungry people by soliciting and effectively distributing grocery products and perishable foods, and offering innovative programs through a statewide network of approved agencies; by advocating for systemic change; and by educating the public about the nature of, and solutions to, problems of hunger in New Hampshire.



# Support & Revenue



# Expenses



# Financial Snapshot

Fiscal Year Ended March 31, 2016

## Support & Revenue

Food in-kind Assistance.....	\$18,947,000
Program Fees.....	\$685,000
Grants, Contracts & Contributions.....	\$5,063,000
<b>Total Support &amp; Revenue.....</b>	<b>\$24,695,000</b>

## Expenses

Program.....	\$23,372,000
Management & General.....	\$233,000
Fundraising.....	\$554,000
<b>Total Expenses.....</b>	<b>\$24,159,000</b>

<b>Change in Net Assets.....</b>	<b>\$536,000</b>
<b>Total Net Unrestricted Assets.....</b>	<b>\$1,734,000</b>

We receive NO state or federal funding for food distribution.

# 2017 Goals

- Identify the infrastructure of food flow in our state to maximize our recovery and distribution.
- Further collaborate and advocate with community and statewide partners to pursue community-based solutions for state-wide food security.
- Deepen our partnerships with our Agencies to promote and educate for better health and nutrition for our clients.
- Source and distribute more nutrient-dense produce and protein to positively impact the health of our food insecure.
- Continue to expand statewide SNAP (Food Stamp) outreach to working families with children and seniors.
- Expand the distribution of Granite State Market Match to 50+ direct-to-consumer venues and distribute over \$70,000 in nutrition incentives for fruits and vegetables.
- Increase the number of rural, child summer feeding programs to reach more children in need when they are out of their school lunch program.
- Secure a new, refrigerated truck to increase deliveries statewide.

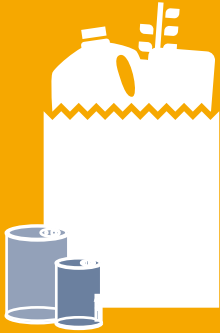
# RECIPE FOR SUCCESS – COOKING MATTERS



“This class has helped me find inexpensive ways to get the most out of a tight food budget and find healthy ingredients to add to existing recipes, increasing quality and quantity. I truly appreciate such a varied pool of participants. The fact that everyone felt not only included, but valued for the contributions they could make to meal prep was truly special.” - **Cooking Matters for Families Graduate, Laconia, NH**

*The NH Food Bank hosts Share Our Strength’s Cooking Matters® program in NH. Cooking Matters empowers low-income families to stretch their food budgets so their children get healthy meals at home. Participants learn to shop smarter, use nutrition information to make healthier choices, and cook delicious, affordable meals. Cooking Matters courses and tours equip families with the skills they need to stretch their food dollars and maximize the benefits.*

TOGETHER WE CAN  
SOLVE HUNGER.™



**12,686,247**

Pounds of food distributed to those  
in need in NH in 2016.



Total meals  
**10,767,198**



**\$439,163**

Volunteer  
Dollar Value



**18,460**

Volunteer  
Hours in 2016

Cooking Matters® NH



**555** signature course  
participants in 2016.

*Thanks to our partnership  
with UNH Cooperative  
Extension, classes are  
available in all 10 counties.*

**345** Cooking Matters at  
the Store participants.



Nationally, **71%** of adult  
course graduates are  
eating more vegetables  
and **67%** of teen course  
graduates are eating  
more fruit.

Culinary Job  
Training Program



**23** individuals

graduated from the  
culinary training  
program in 2016.

**132,735**

meals distributed to  
partner agencies in  
2016.

**SNAP**

Supplemental Nutrition Assistance Program

**\$278,240** Local Economic Impact

**\$155,447** Benefits

**193** Applications



The New Hampshire Food Bank services

More than

**425** partner agencies across  
the state.

Approximately

**50%** of food distributed by partner agencies  
is from the NH Food Bank.



# HOW WE WORK.



The NH Food Bank supplies millions of pounds of food annually to more than 425 partner agencies, including food pantries, homeless shelters, soup kitchens, children’s programs, senior centers and more. In turn, these agencies provide hunger relief to those suffering from food insecurity throughout the state.

**For a complete list of partner agencies, please visit [www.nhfoodbank.org](http://www.nhfoodbank.org).**

## New Hampshire Food Bank Advisory Committee

**John Dumais**

*NH Grocers Association,  
Co-Chair*

**Arthur Sullivan**

*Brady Sullivan Properties,  
Co-Chair*

**Thomas Blonski**

*Catholic Charities NH*

**Lisa Drake**

*Stonyfield*

**Todd C. Fahey**

*AARP New Hampshire*

**Ed Gallagher**

*Comcast*

**Robert Gossett**

*Gossett Consulting*

**Chris Grenier**

*Citizens Bank*

**Eileen Groll Liponis**

*NH Food Bank*

**Pauline A. Ikawa**

*TD Bank*

**Judy Kurisko LeClerc**

*St. Mary’s Bank*

**Michael C. McLean**

*McLane Middleton*

**Nancy Mellitt**

*NH Food Bank*

**Carl Provencher**

*Hannaford*

**Dominique Rust**

*Catholic Charities NH*

**Patricia R. Shuster**

*Saint Anselm College*

**Joanne Ward**

*Former NH House of  
Representatives,  
Rockingham County,  
District 19*

**Bruce Wilson**

*NH Food Bank*

**Michael Wirtanen**

*Shaw’s*

