



Agency Spotlight

Share Our Strength's Cooking Matters® program hosted out of the NH Food Bank partners with member agencies and other organizations around the state to host hands-on nutrition and cooking courses for participants at risk of hunger. These courses are geared towards families and seek to equip clients with the skills and confidence to prepare healthy, delicious, and budget-friendly meals. Cooking Matters not only offers six week courses, but also one time Cooking Matters at the Store tours which can be held in a classroom space as well. Some of their best partners are NH Food Bank member agencies. Pictured left are Cooking Matters participants making mini pizzas in a course held at Friends of Forgotten Children in Concord, and a former AmeriCorps National Direct member, Julie Forest, teaching a Cooking Matters for Families series at Revolution Church Food Pantry in Rochester.

If your agency is interested in hosting a Cooking Matters course or tour, please contact Alexis Dwyer at 603-669-9725.



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin'

November 2016

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37

Current Resident or



Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to:

myackelshappy@nhfoodbank.org

Upcoming Classes

Thursday, November 3rd @ 10 AM

Please arrive 10 minutes early.

WELCOME New Agencies

Berlin High School Food Pantry
Berlin, NH

La Iglesia Ungida De Jehova FP
Manchester, NH

**Helping Hands Outreach
Safe Station Respite**
Manchester, NH

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to:

myackelshappy@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes

Wednesday, November 16th @ 1 PM

Wednesday, December 7th @ 10 AM

Please arrive 10 minutes early.

November 2016

Food Bank Closings

Thursday, November 24th—Thanksgiving
Friday, November 25th—Day after Thanksgiving
Thursday, December 8th—Immaculate Conception
(Deliveries for Lebanon, Claremont, & Newport will remain on schedule)
Monday, December 26th—Monday, January 2nd
Week after Christmas

Quotable

“Cultivate the habit of being grateful for every good thing that comes to you, and to give thanks continuously. And because all things have contributed to your advancement, you should include all things in your gratitude.”

—Ralph Waldo Emerson

Food Drive Reporting

As we are entering the holiday season, we will see an uptick in donations and food drives. Many times we do not know about a food drive until the food is ready to be picked up. If we contact you to enable your agency to pick up a donation, please respond ASAP as we don't want to inconvenience donors.

In addition, we ask that if your agency is enabled to pick up donations, that you please report back with the estimated pounds of product received. We want to be able to let our donors know the impact of their generosity.

A note from Agency Relations

Happy Thanksgiving from all of us here at the NH Food Bank!

We are grateful for all of our agencies, and the work that you do! As we all work hard through this very busy season, please make sure to take time to enjoy the holidays with your own families.

Connie, Rick and Mystyna

SNAP Outreach Updates From NH Food Bank

Did you know there are three different ways for people to apply for SNAP/food stamps if they are eligible? Your client may apply at the State District offices, apply online at nheavy.nh.org, or they can get assistance applying on the phone from one of our NH Food Bank SNAP Outreach Coordinators, Lynne Lorentsen or Meghan Kacmarcik, at 603-669-9725 x 124. NH Food Bank partners with the State of NH Food Stamp Program to offer application assistance. Current Food Stamp participants who are looking to recertify or are having challenges with their Food Stamp case may contact the State Call Center at 603-271-9700.

Enclosed in this bulletin are updated Pull-Tab Flyers for the SNAP Outreach Program. These include updated income limits. Please display these where they are visible to clients.

Ask Agency Relations

Q. How do I make changes to an Agency Express order I already submitted?

A. Unfortunately, we are unable to make changes to orders once they have been submitted. With over 400 member agencies, we are not equipped to handle constant changes to orders. Lately, we have been receiving a high volume of requests to add product, take off product, and change pickup dates and times. Due to our streamlined process, the only changes we are able to make are cancelling orders or changing the pickup date or time to later (if there are appointments available). We are unable to accommodate requests to move appointments earlier than previously scheduled. Please keep in mind that if you request a cancellation, you will not be able to place another order for the same week.

Did You Know?

- ◇ Since 1845, all US presidential elections have been held by statute on the first Tuesday after the first Monday in November in years divisible by four.
- ◇ November is the only month that is used to represent a letter in the Alpha-Bravo-Charlie phonetic alphabet.
- ◇ The second week in November is National Split Pea Soup Week in the USA.
- ◇ November 2 is the only day of the year that was the birthday of two US presidents: Warren Harding (born 1865) and James Polk (1795).
- ◇ Benjamin Franklin wanted the turkey to be the national bird, not the eagle.
- ◇ Americans eat 46 million turkeys each Thanksgiving.
- ◇ Neil Armstrong and Buzz Aldrin's first meal in space after walking on the moon was foil packets with roasted turkey.
- ◇ How did the tradition of watching football on Thanksgiving start? The NFL started the Thanksgiving Classic games in 1920 and since then the Detroit Lions and the Dallas Cowboys have hosted games on Turkey Day. In 2006, a third game was added with different teams hosting.