



Agency Spotlight

More than 2 years ago, Inreach Ministries Food Pantry, in Laconia, constructed their own walk-in cooler, and it's still going strong. They converted a window air conditioner into a refrigeration unit, using an electronic device called a **CoolBot**. They constructed the cooler itself, using insulated panels and other materials from a local home improvement store. For more information about **Coolbot**, go to their website at storeitcold.com.



700 EAST INDUSTRIAL PARK DRIVE
MANCHESTER, NH 03109

What's Cookin'

February 2016

Current Resident or

NONPROFIT ORG
US POSTAGE
PAID
MANCHESTER, NH
PERMIT NO. 37



Bulletin sponsored by
manchester
CHRISTIAN CHURCH

Safe Food Handling

All Agencies are **required** to have at least one representative attend a Safe Food Handling Class. Your Program Director/Coordinator must submit a written request, with the names of attendees to:

myackelshappy@nhfoodbank.org

Upcoming Classes

Tuesday, February 16th @ 10 AM

Monday, March 7th @ 10 AM

Please arrive 10 minutes early.

WELCOME New Agencies

First Baptist Church of Belmont FP
Belmont, NH

NHFOODBANK.ORG | 603-669-9725

New Shopper Orientation

Your Program Director/Coordinator must submit in writing, the names of any shoppers to be added or removed for your agency to:

myackelshappy@nhfoodbank.org

Sign up early, spots fill up quickly!

Upcoming Classes

Wednesday, February 10th @ 10 AM

Monday, March 14th @ 1 PM

Please arrive 10 minutes early.

February 2016

Food Bank Closings

Monday, February 15th
Friday, March 11th at 11am (for shopping)
Monday, March 14th (for shopping)
Tuesday, March 15th (for shopping)
Friday, March 25th

Quotable

"Love and compassion are necessities, not luxuries. Without them humanity cannot survive."

-Dalai Lama

Steel Chef Challenge

On March 14th, the NH Food Bank is hosting a Steel Chef Challenge event. This event features a *local chef competition* hosted by Robert Irvine with a special *celebrity chef challenge*. Guests will watch the chefs compete, and enjoy a fabulous dinner created by Chef Robert Irvine and his staff.

Due to this event, the NH Food Bank will be closed for shopping starting at 11AM on Friday, March 11th, with shopping resuming on Wednesday, March 16th. Agencies will be unable to place online orders for pickups during this time, and floor shopping will also be unavailable. If you have any questions, please contact Mysty at 669-9725 ext. 240.

A note from Agency Relations

Happy Valentine's Day!

As we think about the best ways to show our love during this season, I think Paul Tillich said it best,

"The first duty of love is to listen."

Every day at each one of your agencies, you listen to each one of your clients and their unique struggles. You know better than anyone, the best way to help them. If you ever have a request that you need help fulfilling, please contact us. We can't guarantee that we can meet every need, but we can guarantee that we will listen.

Connie, Rick and Mystyna

Summer Feeding Programs

Last year, we collaborated with our agencies that have Summer Feeding Programs for children, to find out what types of food their clients liked to receive. We used this to create pre-packed boxes that could be purchased from us for this use. Last year, we offered the boxes at \$20 each. This year we are excited that we are able to offer them at \$19. The deadline for ordering these boxes is **April 15th**.

If you are interested, or have any questions, please contact Mysty at ext. 240 or email her at myackelshappy@nhfoodbank.org.

The list of foods which will be included in the box are as follows:

- ◆ 2 chunk chicken (5 oz)
- ◆ 2 mac & cheese (7.25 oz)
- ◆ 2 peanut butter (18 oz)
- ◆ 2 grape jelly (19 oz)
- ◆ 2 tuna (5 oz)
- ◆ 2 beef ravioli (15 oz)
- ◆ 6 apple juice (6.75 oz)
- ◆ 2 chicken noodle soup (10.75 oz)
- ◆ 2 corn flakes (18 oz)
- ◆ 4 nutri-grain bars strawberry (1.55 oz)

Ask Agency Relations

Q. When I come to NH Food Bank, how long do I have to shop the floor?

A. Whether you are picking up an online order, or have made an appointment with Debbie to just shop the floor, you are allocated 20 minutes to shop. We schedule up to two appointments for every twenty minute interval. It is imperative that you arrive on time, and plan to shop the floor for no more than twenty minutes. This ensures that daily operations continue smoothly.

If you have a difficult time completing your floor shopping when it is busy, consider scheduling your appointment toward the end of the week, or in the afternoon, as these times tend to be less busy. If you are running late, or need to schedule a floor shopping only appointment, please contact Debbie at ext.110.

You don't have to have all the answers!

Oftentimes, people who provide services or food assistance are always wishing they could do more. You already do so much! But if you are looking for a few new ways to advocate for your clients who need assistance getting SNAP/Food Stamps benefits, remember these simple tips:

- ◆ Keep updated "Need Help With Food?" Pull-tab flyers posted on your bulletin board.
- ◆ Place a small quarter sheet flyer in a food box or bag, so that your client can call the SNAP Assistance phone line from home.
- ◆ Remember, you don't need to have all the answers. Encourage your client to call us today and see if they are eligible for SNAP/Food Stamps benefits. Then follow up with them the next time you see them.

Word-of-mouth is always the strongest reason people give for why they finally made the call. If you don't have the flyers mentioned above, contact us at snap2@nhfoodbank.org and we will send them out today. Thanks for advocating for your clients by referring them to our SNAP Outreach Assistance phone line.