

# July is Canned Fruit Month



Help the New Hampshire Food Bank this July by bringing in cans of fruit. Canned fruit products provide stable, year-round availability of these healthy foods, and canning does an excellent job of preserving a fruit's natural color, flavor and nutrients. There's no better choice than canned fruits for feeding the hungry who should enjoy fruit on a regular basis.

We are organizing a food drive for the New Hampshire Food Bank. Please help us by bringing in canned fruits.

Date: \_\_\_\_\_  
Time: \_\_\_\_\_  
Location: \_\_\_\_\_



YOUR LOGO HERE

603-669-9725 - [www.NHFoodBank.org](http://www.NHFoodBank.org)