

Food *for* thought

Issue 3 - 2016

The New Hampshire Food Bank, as the only food bank in the state, works through a network of partner agencies, providing food and services to empower people to become more food self-reliant and secure.

Nostalgia-Inspired Giving in NH

Q&A with Dave Roehrig, founder of 90's Kid Charity

Save the Date: Steel Chef Challenge 2017



The NH Food Bank's second annual Steel Chef Challenge will feature Food Network celebrity chef, Robert Irvine, hosting a local chef competition and a celebrity chef challenge. We'll transform the Armory Ballroom at the Radisson Hotel in downtown Manchester into a grand dining room.

Attendees will watch live as the competition between chefs heats up, and enjoy a fabulous dinner created by Chef Robert Irvine and his staff.

VIP ticketholders will be able to meet and greet the celebrity chefs and get autographs. This will be an exciting evening to support a worthy cause!

For tickets, visit: nhfoodbank.org/steelchef

For sponsorship opportunities, contact Nancy Mellitt at 603.669.9725 ext. 129 or email nmellitt@nhfoodbank.org.



When *Pokémon GO*—a mobile game based on the popular Japanese cartoon— became a sensation, Dave Roehrig and his wife, Heather, thought that they might be able to use that enthusiasm for good! They founded PokéAid NH, and began collecting donations and raffling off memorabilia at conventions and *Pokémon GO* events throughout the Granite State, benefiting the NH Food Bank. This summer, they collected nearly 400-meals-worth of donations!

Eager to reach a larger audience, Dave and Heather, recently changed the name of their group to *90's Kid Charity* and are looking forward to 2017.

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Looking for the perfect gift this holiday season?

We've got the answer. See inside for details about our holiday cards.

Holiday Roasted Butternut Squash

Cooking Matters Recipe
Serves 6, 3/4 cup per serving

Ingredients

2 pounds butternut squash
¼ cup walnuts
2 Tablespoons canola oil
1 teaspoon dried sage
¼ teaspoon salt
¼ teaspoon ground black pepper
1 Tablespoon butter or canola oil
¼ cup dried cranberries
1 ½ Tablespoons maple syrup

1. Preheat oven to 375°F.
2. Rinse & peel squash. Cut off ends & discard. Cut squash at the neck, creating a narrow end & a round end. Cut round end in half & scoop out seeds with a spoon. Cut both ends into ¾-inch, even-sized cubes.
3. Coarsely chop walnuts. Set aside.
4. In a large bowl, add squash. Toss with oil, sage, salt & black pepper.
5. Spread squash evenly on a baking sheet. Roast, stirring once, until tender, about 35 minutes.
6. In a small skillet over medium heat, melt butter or heat oil. Add walnuts & cook until fragrant, about 2 minutes. Remove from heat. Stir in cranberries & maple syrup.
7. Gently toss cooked squash with cranberry mixture.

Chef's Notes

- To make flavors pop, stir in 1 Tablespoon cider vinegar along with the cranberry mixture.
- Use fresh sage instead of dried. Leave out dried sage & thinly slice 4 fresh sage leaves. Cook fresh sage in butter or oil with the walnuts.
- Use pecans or hazelnuts in place of walnuts. Try raisins or dried cherries for the cranberries.

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What made you choose Pokémon – and ultimately, “90’s Kid” – themes for your groups?

PokéAid NH was started with the big boom in popularity of *Pokémon GO*. Now that the *Pokémon GO* game has been out for a while, there are fewer large groups playing the game, which is what we were originally targeting with PokéAid. My wife and I decided to change the name to *90’s Kid Charity* in order to be associated with a broader audience.

I’ve always been a Pokémon fan, and am, myself, a child of the ‘90s. My generation is nostalgic... we’re also one of the groups that isn’t usually targeted by fundraisers. So I really wanted to hit on things that could make a difference, and bring those ‘90s kids out of the woodwork. *Pokémon GO* really got people out of their houses; we just used what was motivating people to make a difference.

What inspires you to do what you do and why did you choose the NH Food Bank?

Personal experience, mainly. We have needed to use food pantries from time-to-time and we understand how big of a help they can be. My oldest son is autistic and my wife has fibromyalgia, so I wanted something that I could do to give back to the community.

We chose the NH Food Bank because it has a major impact on, not just our lives, but many other families in the state. With [donating to] the Food Bank, I believe we can make the most difference. What we collect stays local.

Looking to the future, what are your hopes for 90’s Kid Charity?

I hope we can continue going to different conventions and be able to go to events that are further away. I love running raffles, and the people that have donated are always extremely nice. We’ve gotten items from as far as Spain and Russia! People love what we’re doing. Quite a few have told us to check back with them for future events. We always make sure to display the business cards of our donors, as we love to promote small businesses as well.

Interested in learning more about 90’s Kid Charity?

You can find them on Facebook at 90’s Kid Charity or on Instagram at @90sKidCharity.



Looking for the perfect gift this holiday season?



One in nine men, women, and children go hungry in the Granite State. Please consider making a donation in the name of a friend or family member for that perfect gift. For a minimum donation of \$25 per card, we will send one to every person on your list, or if you prefer, we will send the cards to you to deliver personally. This is a wonderful solution for offices or companies looking to thank their employees or clients.

Simplify your gift giving this year. Call Jilian Murphy at 603.669.9725 x246 with your list, have a credit card ready, and leave the rest to us. Let us know when you want them mailed and your shopping is finished.

The Concord Police Department and the NH Food Bank Team Up to Fight Hunger



This September, the NH Food Bank teamed up with the Concord Police Department to hold multiple “Stuff a Cruiser” food drives in Concord to combat hunger in the Granite State. Food drives were held on three different days during Hunger Action Month, at three different locations – Hannaford, Market Basket and Shaw’s.

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Grants

We would like to thank the following organizations for their generous support through grants to the New Hampshire Food Bank:

C & S Wholesale Grocers, Inc.

Support of shelf-stable milk distribution in the Keene-area

Getz Charitable Trust, Citizens Bank, N.A. Trustee

Cooking Matters — Hillsborough County

TD Charitable Foundation

Thanksgiving Holiday Relief

Susan & Mary Birch Foundation

Culinary Job Training

Share Our Strength

Cooking Matters – Store Tours at Farmers Markets

Salem Community Benefit, Inc.

Food Acquisition and Distribution in the Greater Salem-area

Behind the Scenes

Be sure to keep up with the New Hampshire Food Bank on the following social media platforms:



Facebook



Twitter



Instagram



Pinterest



LinkedIn



Google +



Youtube

Your comments

Thank you for your continued support. We would love to hear from you! Please email us at nmellitt@nhfoodbank.org or write to:

Nancy Mellitt
New Hampshire Food Bank
700 East Industrial Park Drive
Manchester, NH 03109

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The support we received was overwhelming! A total of 6,146 pounds (that's more than three tons!) of donations were collected during the food drives – incredible!

That's 5,122 meals for our NH neighbors who are food insecure – what an impact! We can't thank you enough for your support and generosity!



A special thank you to Concord Police Department for their support and partnership – we can't wait to do it again next year! Thanks also go out to Hannaford, Market Basket and Shaw's – all on Fort Eddy Road in Concord – for their support and participation.

Interested in hosting a food drive for the NH Food Bank?
Call 603.669.9725 or visit nhfoodbank.org.

